



Annapurna Circuit Trek - 28 Days

The Annapurna circuit trek is one of the most renowned and adventurous treks in the world, that takes you through some of the most breathtaking landscapes including the Annapurna Massif which is home to several of the world's highest peaks, such as Annapurna I (8091 m), Annapurna II (7937 m), Annapurna III (7555 m), Annapurna IV (7525 m), and Annapurna south (7219 m). The trek to this region offers diverse range of experiences, including terraced fields, subtropical forests, high-altitude desert terrain, picturesque villages, all while providing incredible views of the Annapurna and Dhaulagiri ranges.

One of the highlights of this trek is crossing Thorong La Pass. It is one of the most iconic and challenging sections of the Annapurna circuit trek due to the high altitude, thin air and steep ascent. It is situated at an elevation of 5416 meters above sea level. This makes it one of the highest trekking passes in the world which can be a great choice for those seeking a challenging and rewarding experience associated with high mountain pass. Moreover, the pass offers astonishing views of some of the world's highest peaks and numerous other Himalayan peaks. The surrounding landscape is characterized by glaciers, high alpine meadows, and rugged terrain.

The trek begins in subtropical forests with a rich diversity of flora and fauna. Along the way, you will encounter lush vegetation, waterfalls, and breathtaking vistas and pass through numerous traditional Nepali villages inhabited by various ethnic groups like Gurung, Magars, Tamangs, Tibetan, and Thakalis, providing a chance to interact with locals and experience their culture, traditions, hospitality, and cuisine. You will also get to see some of the world's highest peaks, including Annapurna, Dhaulagiri, Manaslu, and Machapuchare (fish tail). The trek also includes visits to stunning lakes like Tilicho Lake, one of the highest lakes in the world. There are natural hot springs in places like Tatopani, where you can relax and rejuvenate after days of walking.

The thrilling Annapurna Circuit trekking package is perfectly designed to assemble your travel needs with the best promising way for the maximization of your gratification, recreation, and adventure. Annapurna Trek is a heaven for the nature lover's travellers. The trail of Annapurna circuit trekking offers a natural glimpse that includes wide varieties of rare as well as most diverse flora and fauna in the world.

You will enjoy your tour with the terrace farms, natural landscapes, habitats and all which cannot be described in words. The main highlights of this trip are the view of three giant peaks such as Mt. Fish tail, Annapurna and Dhaulagiri as well as the experience of Nepali culture tribes such as Gurungs and Magars. You will also get a good chance to visit Ghandruk village, one of the most beautiful villages in Nepal. Ghandruk village is also known as the village of Gurkha Soldiers. Annapurna Circuit Trekking also led us to Manang, Jomsom and the Muktinath region. The pine, oak and rhododendron trails will never let you down and forget your trip.



PRICE INCLUDES

- Three times meals a day- Breakfast, Lunch, Dinner and accommodation in teahouse/ lodge during the trek
- Local bus fare to Besishahar and Phedi to Pokhara by private car and tourist bus to Kathmandu
- Trekking permits and TIMS card
- Accommodation at Pokhara in standard hotel B/B for one night
- One experienced (government licensed) and qualified English speaking guide
- One porter for two trekkers
- Guide/ Porters: food, lodge, transportation, salary, insurance, equipment etc
- First aids kit
- All taxes and company service charge

PRICE EXCLUDES

- International airfare and visa fees
- Lunch and dinner in Kathmandu
- Personal expenses of bar and beverage bills, wifi, hot shower, bottle of water, extra porters, laundry or any other things which are not mentioned by the company
- Your trekking gears and extra nights in a certain destination
- Your travel insurance which should include the emergency rescue
- Tips for your guide and porters
- Equipment (sleeping bags, down jackets, and maps)
- Lunch and dinner in Pokhara
- Extra expenses due to any event such as strikes, weather conditions, or flight delays



ITINERARY IN DETAIL

Day 1: Kathmandu to Besi Sahar

On this day, we will have 7 hours of the drive for Besi Sahar by local bus from Kathmandu.

Day 2: Trek from Besi Sahar to Bahundada

Our very first day trek begins from Besisahar. It's an easy walk from here it is straight path no ups and downs. During our walk we will see the people working in the fields and their routine lifestyles.

Day 3: Trek to Chamje

Today we will cross the first suspension bridge over the Marshyandi River and come across the beautiful, tall and gorgeous waterfall. We then follow the river to the stone village of Jagat before climbing through forest to Chamje.

Day 4: Trek to Bagarchhap

Today we will have rocky trail making along the Marshyandi River climbing steadily uphill to Taal, the very first village to Manang district. As soon as we cross the plane village we have up and down trail to Dharapani. The people in this area are influenced with the Tibetan life style.

Day 5: Trek to Chame

Chame is the head quarter to Manang District. We can also enjoy the hot spring in Chame and we will see the views of the Himalayas including Lamjung Himal, Annapurna II, and Annapurna IV.

Day 6: Trek to Pissang

A steep and narrow path through a very dense forest will bring us to the spectacular curved rock face, rising 1500m from the river. This is probably the steepest part of the Marshyangdi Valley, so steep that the trail is carved into the vertical rock. After passing this last bit of rock, the valley opens up with majestic vistas. And right where the valley widens stands the Paungda Danda, a massive sloping rock face that rises over 1500m above the trail. We trek for a while before reaching Lower Pissang where we spend the night.

Day 7: Trek to Manang

Today we will have two routes to Manang, one takes us to the trail up to Upper Pissang via Ghyaru. This trail has the excellent views of the beautiful landscape and the powerful mountains mount Annapurna and Pissang. And the other one goes down to southern route of Marshyandi River by Hongde with its airstrip that involves lesser climbing comparatively to Northern route. The choice is yours, because we meet up at Munchi whichever route we take. We shall be noticing a contrast in the landscape and vegetation from today onwards. The cold and dry climate also creates a much harsher environment.

Day 8: Acclimatization Day at Manang

We need to stay fit for our next day trip so, on this day, we shall be doing continuous day walks and capture the magnificent views around the village. We have the option to go for a hike to Gangapurna Lake or Braga village and visit the oldest Braka Gumba.

Day 9: Trek to Yak kharkha or Ledar



On this day, we slowly climb up to the village of Tenki and continue walking across Marshyangdi Valley turning northwest to the valley of Jhorshang Khola. The trail passes from side to side of the pastures and few scrubs of juniper trees. On the way we might be seeing horses and yaks grazing.

Day 10: Trek to Thorong Phedi or Throng high Camp

In the present day we have an upward following trail to Throng Phedi. On the way we will be seeing one of the best views of Mt. Gundang, Mt. Syagang, Thorung Peak and Mt. Khatungkan. We shall be taking rest in either Throng Phedi or at the High Camp.

Day 11: Trek to Muktinath via Throng La pass

We will Cross Throng la pass which is our main goal for the day so we wake up early in the morning and walk ahead with the lights on. After making through Throng La pass we shall reach in Muktinath in a few hours of walk. It is believed that all our sorrows and pain are relieved when visiting this very temple. The place is surrounded with several other monasteries as well.

Day 12: Trek to Kagbeni

As we are on the other side of Manang most of the land we see will be dry and looks somewhat like the desert. We will continue our trek walking by the bank of Kaligandi River. Most of the time, we will descend with closer view of stupas and really old traditional house and civilization of Mustang.

Day 13: Trek to Marpha

Going down from Kagbeni village we reaches to Marpha. The barren landscape of this area look likes Tibet. Marpha is also famous for apple in Nepal where one can enjoy different items made from apple like apple pie, and wines. Apple Brandy is another local specialty that we may be lucky enough to taste here.

Day 14: Trek to Larjung

We will pass through the valley following the Kali Gandaki River. On this trail, we will have an opportunity to view Annapurna I (8091m) and beautiful landscapes over there.

Day 15: Trek to Kalopani

Today will be another unbelievable day for the trek, as we will be passing through the traditional village of the ethnic Thakali people. Also we will be seeing panoramic views of Dhaulagari, Tukucho, Nilgiri, Fang and Annapurna I mountains. And in our surroundings will be a lots of apple garden.

Day 16: Trek to Ghasa

We will keep transitory on by the beautiful villages on our way. Ghasa is another beautiful valley we are taking rest at.

Day 17: Trek to Tatopani

We will continue thumping our feet towards Tatopani. On our way we will appear into subtropical forests, lush with vegetation and see power house that supply regular electricity in this area. In the end reaching Tatopani we get to relax in hot water.

Day 18: Trek to Ghorepani



The trek today will lead us through the rhododendron forests with a terraced farmland surrounded with glowing mountains.

Day 19: Trek to Poon hill to Tadapani

Today we will have early morning sunrise to catch up at Poon hill. From here we will be able to get a close up look at most of the mountains including Annapurna and Dhaulagiri ranges. After taking few photos and sight-seeing of the mountains we will head back to Ghorepani and then head towards Tadapani.

Day 20: Trek to Chomrong

We have a steady walk of around 5 hours to Chomrong. Chomrong is a large Gurung village at the corridor of Annapurna Sanctuary. The village offers the close up view of Annapurna South (7,219m), Fishtail (6,993m).

Day 21: Trek to Bamboo

We will descend via 2500 stone steps and cross the bridge above Chomrong Khola. From here it is an uphill climb to Sinuwa. Next, we pass through a beautiful forest to Kuldihar followed by an easy downhill walk to Bamboo.

Day 22: Trek to Deurali

Deurali is across the difficult moraine intercepted by creeks with ice deposition. We have bamboo forest and few steep sections and open views of the glacial river to cross.

Day 23: Trek to ABC

The trail to Annapurna Base Camp climbs steadily to the snowfield and the edge of glacier. Today we have the wonderful views of the majestic Machhapuchhre aka Fishtail along with Mt. Hiunchuli, Annapurna South, Annapurna I, Annapurna III, Gandharvachuli and Gangapurna which is certainly a rewarding experience.

Day 24: Trek back to Bamboo

After ABC we will trek down back to Bamboo which is not so difficult for the day since we have a gradual down ward route.

Day 25: Trek to Jhinu Dada

After reaching to Jhinu dada today we will have the chance to enjoy the natural hot springs which is just a few minutes downhill walk from our tea house to soothe our aching body.

Day 26: Trek to Pothana

From Jhinu dada we will take a walk to Pothana through few up and down trail in the small jungle and villages.

Day 27: Trek to Phedi and drive to Pokhara by private car

Today we will have the easiest path just for few hours and take the vehicle from Phedi and end the trek at Pokhara.

Day 28: Drive from Pokhara to Kathmandu

We will take the tourist bus to Kathmandu from Pokhara.