



Everest Chola Pass to Gokyo - 17 Days

Gokyo Chola Pass trek is one of the [most popular adventurous treks](#) in the Everest Region. This trek is an awesome opportunity to explore the scenario of the famous Gokyo Valley. It is the best adventure in the Gokyo Valley region which comprises the natural beauties of stunning views and diverse culture and traditions. The most stunning views of the [Himalayas, Georges, majestic glaciers, valleys](#) are the major attractions of this trek. This trek also compounds the spectacular panoramic views of snow-capped mountains, the wild forests, cool waterfalls, suspension bridges and the most popular Sherpa villages during the trekking trail.

We will walk towards [Lukla in the early morning](#) by the flight where we will view the scenic flight of the foothill and then we will view the scenic flight of the foothill and then we will start to trek to [Everest Region](#). After reaching to [Lukla](#) our trekking crews will do all the packing and arrangements. After a while, we will move towards phakding along the Dudh Koshi river.

Then After reaching the [Sagarmatha National park](#), we will climb up slowly and view the panoramic view of the mountain. Then, we will reach Namche Bazaar, we will spend our whole day here, in order to alleviate our tiredness. We will make our way to the museum which is celebrated for exhibits of the traditional culture of the Sherpas people.

Besides, we will also view Mt. Nuptse while walking through Gorakshep. We will start our adventure to our designed destination and then we will begin our trekking towards the [Everest Base Camp](#) and to the Khumbu Icefall. We will visit the big Monastery, a large field with campsites and teahouses, lodges.

During our trek, we will enjoy the wonderful [scenario of mountains](#) and the local Sherpa villages [Gokyo Chola Pass Trek to Gokyo](#) is a splendid trek, which requires average fitness and patience. You can contact visit Mountain Treks and Tours for professional services, with the involvement of highly experienced and qualified guides and porters with reliable itinerary and reasonable prices and best quality services.



PRICE INCLUDES

- Airport Pick up and drop by private vehicles
- Three times meals a day- Breakfast, Lunch, Dinner and accommodation in teahouse/ lodge during the trek
- Trekking Permits and TIMS card
- Domestic flight from Kathmandu to Lukla to Kathmandu
- One experienced (government licensed) and qualified English speaking guide
- One porter for two trekkers
- Guide/ Porters: food, lodge, transportation, salary, insurance, equipment etc
- First aids kit
- All taxes and company service charge

PRICE EXCLUDES

- International airfare and visa fees
- Lunch and dinner in Kathmandu
- Personal expenses of bar and beverage bills, wifi, hot shower, bottle of water, extra porters, laundry or any other things which are not mentioned by the company
- Your trekking gears and extra nights in a certain destination
- Your travel insurance which should include the emergency rescue
- Tips for your guide and porters
- Extra expenses due to any event such as strikes, weather conditions, or flight delays



ITINERARY IN DETAIL

Day 1: Arrival in Kathmandu Then Transfer to Hotel

On your arrival to Kathmandu from Tribhuvan International Airport the representative from Visit Mount Treks and Tours will welcome you and then you shall be transferred to the Hotel in Kathmandu.

Day 2: Fly to Lukla and Trek to Phakding

We will head towards Lukla early in the morning by flight. We will see the scenic sight of the Himalayan foothills and then we will begin trekking in Everest region. And after reaching Lukla we will meet corresponding trekking staff and we will do packing and arrangement over there. We will walk 3 hours to Phakding along the Dudh koshi river then we will trek to Phakding. We will spend a night in Lukla.

Day 3: Trek to Namche Bazaar

On this day we will start to trek along the banks of Dudh Koshi river by crossing the majestic river through suspension bridges. After reaching the Sagarmatha National Park, we will climb slowly and observe some views of mountains. We will finally reach to Namche Bazaar and will stay a night over there.

Day 4: Rest day at Namche Bazaar

We will spend a day in Namche Bazaar in order to alleviate our exhausted and tired muscle. We will make a short distance walk to the way of museum which is celebrated for exhibits of traditional culture of Sherpa people. After that we will hike up to the Syangboche Airport which lies nearer to the Everest View Hotel where we can observe the views of the Himalayas with an amazing sunrise and sunset over the panorama of Khumbu peaks. Namche is a colorful village which includes interesting and exhilarating shops and vendors, fabulous food, and stunning views of mountains. We will stay a night over there.

Day 5: Trek to Pocher

As we climb steeply out of valley passing through the rhododendron forest, we will see juniper and large conifers according to the altitude being increased which makes the trekking very much faultless in spring time. We will also observe Khumbi La and Thache throughout the day. We will spend a night over.

Day 6: Trek to Machhermo

We will climb to the point to observe the perfect view down the valley to Kengtega as well as upward to Cho Oyu and then we will climb down to a river and again climb upwards to the final moraine of the Ngozumpa glacier. Finally, we will reach to Machhermo by early noon. Then, we will stay a night over there with breakfast, lunch and dinner.

Day 7: Trek to Gokyo

We will start from Machhermo to Gokyo which is one of our primary purposes. We will spend 2 nights for this base camp as we do sightseeing, hiking and trekking in Gokyo. We will stay a night at Gokyo.

Day 8: Acclimatization day at Gokyo

On this day we will have an acclimatization day and make up to the top of Gokyo RI (5357m). There are eye-catching views of the Gokyo valley, the massive Ngozumpa Glacier and hard to believe panoramic view of the whole Khumbu



mountains range like Mt. Cho Oyu, Mt. Everest, Lhotse, Nuptse, Makalu, Cholaste, Tabuche peak and Gychung Kang.

Day 9: Trek to Dragnag

We have a short trail from Gokyo to Dragnag since the next destination of our is a bit difficult concerning the health. But we still have continuous views of fine mountains and nature. So we take a slow and stable walk on this day.

Day 10: Crossing Chola Pass & Trek to Dzongla

On this day we will climb through a narrow valley and a rocky trail, we will climb up continuously from Phedi. As we expand height, the view gets increasingly captivating then before. We will trek through the side of a frozen lake while we move toward to the top of the Cho La pass decorated with prayer flags. We get the sight of famous mountains like Kyajo Ri, Teng Kangpoche, Numbur, Kangchung etc. Ama Dablam presides over a range of mountains on the south even as Cholaste soar on the west and Lobuche East and Baruntse rises sharply to our right. After the Cho La pass, the trail descends steeply towards the Dzonglha (4,830 m) passing through some crevasses and pine forests.

Day 11: Trek to Labuche

The trail is descends and ascends gently to Labuche. The whole trip provides us with excellent views of Ama Dablam, the Nuptse-Lhotse, Everest, Pumori, Lobuche peak etc. Lobuche is a small village situated nearby the flow and the sunset on Nuptse is a most for sight on this day.

Day 12: Trek to EBC & back to Gorekshep

Today we will follow the rocky moraine path and we can also enjoy incredible views of Pumori, Lingtren, Khumbutse, Nuptse, Lobuche east as well as Khumbu glacier and ice fall. Down below the Khumbu glacier we have a short downhill walk after the last rocky moraine dunes bring us to Gorakshep. And after having lunch at Gorakshep we head towards Everest Base Camp leaving our bag pack in lodge. The trek trail is on glacier and snowcapped rocks. We can see many small frozen lakes around the EBC. And making all this beautiful day we head back to Gorakshep for our overnight stay.

Day 13: Trek to Pheriche & Kalapathar

We will have a easy walk and declination to pheriche. We will observe the big Monastery, large field with camp sites and tea houses, logdes. We will stay and enjoy a night there.

Day 14: Trek to Namche

We will trek down to Phunkethanga which is a small place of tea houses. This track leads to the downhill from the forested path and after that we will cross the bridge along the Dudh Koshi river and incline to climp from Sanasa to Namchebacher. We will stay a night over here.

Day 15: Trek to Lukla

Waking up early in the morning we will trek back to Lukla. During our trek we will enjoy Fascinating scenario of mountains and the Local Sherpa village. Then after that we will reach back to Lukla where we will take some rest and relax and also get some time to celebrate our journey. This trek will be strong memories for a life time.

Day 16: Fly back to Kathmandu



Thamel Chowk, Kathmandu, Nepal
Tel: +977-9851180916
E-Mail: info@visitmount.com
www.visitmount.com

Finally we will flight back to Kathmandu and then we will reach Kathmandu.

Day 17: Departure

On this day, you will be transferred to the International Airport at least 3 hours before your flight for the onward destination by a representative of visit Mount Treks and Tours.