



Kanchenjunga North and South base camp trek - 22 Days

Kanchenjunga is the popular destination for **trekking** which provides different opportunities to the trekkers. It is a culturally rich region located in the northeast part of Nepal which reflects mostly Tibetan culture. The ethnicity of this area also shares a lot of common culture with people in Sikkim of India. So, the **Tibetan Buddhist** villages, monasteries, and prayer flags add real flavor to the trek.

Kanchenjunga (8586m) is the third highest mountain in the world, located in the eastern Himalayas on the border between Sikkim state, north eastern India, and eastern Nepal 46 miles (74km) north-northwest of Darjiling, Sikkim. It is also known by different names in different **regions**. The name Kan-mean head, Chen-mean belly and Junggha-mean knee. In Nepal it is also known as **Kumbhakaran Lungu**.

The trail at the foothills of mountains, where the temperature is moderate, vegetation such as temperate forest, scrubland, and tundra are seen. Similarly, you can also witness mountain habitat animals such as black bears, wolves, mountain goats, elk etc. In **Kanchenjunga Conservation area**, you can explore deciduous oaks, maples, laurels, and briches intersperse with evergreen firs, mangouas, junipers and rhododendrons.



Thamel Chowk, Kathmandu, Nepal
Tel: +977-9851180916
E-Mail: info@visitmount.com
www.visitmount.com

PRICE INCLUDES

- Three times meals a day- Breakfast, Lunch, Dinner and accommodation in teahouse/ lodge during the trek
- Domestic flight from Kathmandu to Lukla to Kathmandu
- Trekking permits and TIMS card
- One experienced (government licensed) and qualified English speaking guide
- One porter for two trekkers
- Guide/ Porters: food, lodge, transportation, salary, insurance, equipment etc
- First aids kit
- All taxes and company service charge

PRICE EXCLUDES

- International airfare and visa fees
- Lunch and dinner in Kathmandu
- Personal expenses of bar and beverage bills, wifi, hot shower, bottle of water, extra porters, laundry or any other things which are not mentioned by the company
- Your trekking gears and extra nights in a certain destination
- Your travel insurance which should include the emergency rescue
- Tips for your guide and porters
- Extra expenses due to any event such as strikes, weather conditions, or flight delays



ITINERARY IN DETAIL

Day 1: Drive to illam from kathmandu

Day 2: Drive to Taplejung from Illam

Day 3: Trek to Chirwa

Day 4: Trek to Sekhathum

Day 5: Trek to Anjelasha

Day 6: Trek to Ghybala

Day 7: Trek to gunsha

Day 8: Rest Day at Gunsha

Day 9: Trek to Khanbochen

Day 10: Rest day/ Hike Janu to Base Camp

Day 11: Trek to Lonakha

Day 12: Rest day/ Kanchenjunga North Base Camp/ Pangpemba Base Camp.

Day 13: Trek to back to Gunsha

Day 14: Trek to Salele Kharkha

Day 15: Trek to Chiram

Day 16: Trek to Ramche

Day 17: Trek back to Tortang

Day 18: Trek to Yamphuding

Day 19: Trek to Khebang

Day 20: Trek to Hapukhola

Day 21: Drive to Illam from Hapukhola

Day 22: Drive to Kathmandu from Illam.