



Manaslu Larke Pass Via Manaslu round trekking - 17 Days

Manaslu Larke Pass via Manaslu Round Trekking is one of the most **challenging trekking** trails in the western part of Nepal that started in 1991 for foreigners. Trekking in Manaslu Region is generally blessed with trekking track providing perfect mountain scenery, the unique culture around the **Mount Manaslu**.

Mount Manaslu is ranked as the eighth highest peaks in the world. Here, you can experience a wide variety of landscape, vegetation and traditions. In this Manaslu trek, you will also cross a number of rivers like Budi Gandaki, Machha Khola, Tharo Khola, Deng Khola and Ghatta Khola. You can also enjoy the splendid views of many mountain peaks like **Manaslu, Himal Chuli, Ganesh Himal Range** and other Mountains of Himalayan Range.

The major attractions of this trek are Gurung and Tibetan culture, waterfalls, old Buddhist monasteries and stupas, beautiful ethnic villages and lush forests of rhododendron, blue pine and bamboo etc. In addition, the region also contains varieties of flora and fauna including deer, pika, Himalayan marmots, pheasant, raven, etc. Trekking trail in the **Manaslu region** is through various enjoyable local villages inhabited by various ethnic people. Gurung and Tamang are the populations of this region.

Manaslu Trekking lies next to the fringe of **Nepal and Tibet**, so the special permit is needed to enter in Manaslu region and roam its amazing circuit trek which is well provided by the Government registered trekking company of **Nepal**. The popular Himalayan mountain is comprised of cultural diversities, beautiful scenery of high altitude glacier lakes and fascinating flora and fauna.

Larke Pass (5231m)

The major attraction of the Manaslu Larke pass trekking is Larke pass (5213 m). The pass is one of the most challenging trekking passes. Here, you can see the views of **Manaslu, Himlung Himal, Annapurna II, and Kangguru Himal**. Manaslu region also provides you with a variety of trekking option like **Manaslu Circuit Trek, Manaslu Base camp Trekking, Manaslu Larke pass Trek, Tsum Valley Trek** etc. If you are wondering to trek here and waiting for the best time then, September to May is considered to be a suitable time for trekking here.

So, if you are willing to experience rural Nepal and wanting to make memories in the lap of Himalayas then do not forget to sign up with **Visit Mount Treks and Tours**. We will provide you with highly experienced and **qualified guides and porter** in your services. We will also help you to make good networking in the Himalayan areas and help you with arrangements of permits and TIMS as well. So, engage yourself in some of the **thrilling adventures** in the rural



PRICE INCLUDES

- Airport Pick up and drop by private vehicles
- Three times meals a day- Breakfast, Lunch, Dinner and accommodation in teahouse/ lodge during the trek
- One experienced (government licensed) and qualified English speaking guide
- One porter for two trekkers
- Guide/ Porters: food, lodge, transportation, salary, insurance, equipment etc
- First aids kit
- All taxes and company service charge
- Trekking permits and Restricted area permit

PRICE EXCLUDES

- International airfare and visa fees
- Lunch and dinner in Kathmandu
- Personal expenses of bar and beverage bills, wifi, hot shower, bottle of water, extra porters, laundry or any other things which are not mentioned by the company
- Your trekking gears and extra nights in a certain destination
- Your travel insurance which should include the emergency rescue
- Tips for your guide and porters
- Extra expenses due to any event such as strikes, weather conditions, or flight delays



ITINERARY IN DETAIL

Day 1: Arrival in Kathmandu and hotel

On arrival day at Kathmandu, you will be received by our office staff or representative with a warm greeting and then you will be transferred to your hotels in the city. Checking into your rooms and getting refreshed. If you have time you could visit around the town, dinner and stay overnight in Kathmandu.

Day 2: Sightseeing in Thamel preparation day for trekking

On the second day you will have a short sightseeing in Thamel areas. Later in the afternoon, the whole trip is briefed about the trekking. We are checking all the equipment for the trek. If something it's not appropriate enough we can provide, rent or help to buy it here. Once all the equipment is checked and we are sure you go up there well dressed, we have the well come dinner with the whole group.

Day 3: Drive to Soti Khola via Arughat

In the Morning, our journey will be heading towards Nepal's Mid-West on the country and the main highway as the journey continues heading into low warm areas past farm villages and towns with views of snowcapped peaks. As the journey continues with few refreshing stops heading west to reach at Dhading and towards Gorkha district unto Arughat town by the raging Buri-Gandaki River, from here drive continues on newly built dirt along Buri-Gandaki River past farm villages reach our first overnight stop at Soti Khola, a small farm village.

Day 4: Trek to Machha Khola

On Fourth day our walk begins from Soti-khola, where route leads into a steep valley, within densely forested areas and into number of villages to reach farm cultivated field villages and then path descends towards wide, sandy river banks following a trail that meanders below along the valley side. After a good walk of the day with last short climb on the trail to Machha Khola for over night stop, with a number of teashops with small lodge, the word Maccha Khola means Fish Stream.

Day 5: Trek to Jagat

On the fifth day, we will have a very long day walk to reach at Jagat village, as our route leads following winding up hill path leaving the river for sometimes then reaching past Tato-pani 'hot spring' time permitting enjoy the refreshing bathe on hot-spring. As journey continues heading cooler areas into forested areas then finally our day walks ends at nice village in Jagat, which is a moderate size village of mixed hill tribe that makes this place more interesting.

Day 6: Trek to Dyang

After a pleasant overnight stop at Jagat village. On the sixth day, a morning walk leads to cooler areas as walk leads uphill into farm villages with well tended fields of rich crops of barley, wheat as per the season around the nice village of Philm. After Philm walk leads to neat farm terraces of golden fields of wheat's and barley, then a climb on the way to rocky ridge within the bamboo groves area to our overnight stop at Dyang village.

Day 7: Trek to Ghap



On seventh day, we will be Starting morning walk from Dyang on the seventh day leads to the cooler area with the slow rise in elevation, as walk enters within Himalayan high areas, where first – day walk leads downhill to the river side to reach Bihi Bazaar a small village by the river. From here on where you will soak into more Tibetan culture of Buddhist religion, as our walk continues on a gradual path with few short ups and downs to reach at Ghap village for an overnight stop.

Day 8: Trek to Lo - Gaon

On the eighth day from Ghap village we will be walking along Budhi Gandaki River after a short walk cross the river towards small farm villages at Numrung village with closest views of Mt. Manaslu North Face includes its range of peaks. Our journey continues past villages of Banjham, Lhi and Sho, as altitude gains to reach with an hour up to Lo-Gaon for overnight stop.

Day 9: Trek to Sama - Gaon

On the ninth day's walk leads to main large village of upper Manaslu at Sama-Gaon where tree lines disappears for short juniper bushes with some willow trees, morning walk follows a nice trail with views of Manaslu peaks, as walk proceeds to end the day at Sama-Gaon for overnight stop, one of the largest villages of upper Gorkha district which lies route Manaslu base camp.

Day 10: Rest day at Sama Gaon

This day is an important day at this high altitude for acclimatization before reaching higher terrain unto Larke-la pass, here with enough time to explore around village of great interest adorned with Tibetan Buddhist religion and culture. On this leisure day enjoy walk up to Sama Gompa just above the village one of the major Nyligpa (red hat sect) Monastery of the region.

Day 11: Trek to Samdo

Today walk will lead us to remote and last village of Manaslu area of Upper Gorkha region, where Samdo lies close on route to Tibet border, the native of the area have long history trading with Tibet, the trade continues till present. As walk leads with slow up with fabulous views of peaks and then reaching at Samdo village, a moderate size village with shops and stores selling many Chinese goods.

Day 12: Trek to Dharamshala Larke Phedi

From Samdu we will enjoy half day walk to Larke Phedi means bottom of the hill or pass also called Dharmasala, after overnight at Samdo village, morning walk heading into dry and barren country. As altitude gains walking on trail that leads to few short ups and downs then completing the day walk on reaching at Larke Phedi, with afternoon free at leisure and preparation for the next day early climb over highest point of the adventure Larke-La at 5,106 m high.

Day 13: Cross Larke - la to Bhimthang

Today is one of the longest and big days of the adventure, start with early breakfast and then heading to a slow climb to reach on top Larke-la pass, as walk progress encountering a steep path rewarded with fabulous views of Mt. Manaslu, Larke peak, Bouddha Himal, Himal-Chuli and Peak 29. After a strenuous climb on reaching the pass, the top marked with Buddhist prayer flags and cairns of stones, enjoy the super views of great giant peaks, after a



refreshing break, along descend to reach at Bimthang for an overnight stop. Bimthang located on a beautiful green valley surrounded with tall rhododendron and pines trees enjoy the afternoon with rest after the longest walk of the adventure.

Day 14: Trek to Gho

After a tough long walk of previous day, from here we will be on an easy trek with much descend into forested areas all the way to Gho, located in the middle of the forest.

Day 15: Trek to Dharapani

On the 15th day from this small resolution in the middle of the woods at Gho, morning walk leads downhill all the way to reach at Telje village located by the Masrsyangdi River, after a rest at Tilje, continue our last day walk of the adventure with last final climb to reach at Dharapani for overnight stop in a nice lodge. Dharapani a large village with many fine lodges located in Manang district and on popular Annapurna Circuit trekking trail.

Day 16: Drive to Kathmandu via Besisahar Lamjung from Dharapani

Ending our adventurous and scenic Manaslu Circuit Trekking at Dharapani, the early morning drive leads into several farm villages following Marysangdi River downstream reaching low and warmer areas, past Tal, Chamje and another Jagat village, as drive leads continues on good road to large town at Besisahar, headquarter of Lamjung district. From Besisahar with time for rest and possible lunch stop, continue drive back to Kathmandu on good road, on reaching Kathmandu check into your hotels with rest of the evening free at leisure with last day in Nepal.

Day 17: Final International departure from Nepal

This day will be your last day in amazing Nepal, the land of Himalayan wonders as per your international flight time back home or to respective connecting destinations. Our staff and guide transfer you to Kathmandu airport after a mesmerizing memory and great time on Manaslu Circuit Trekking.